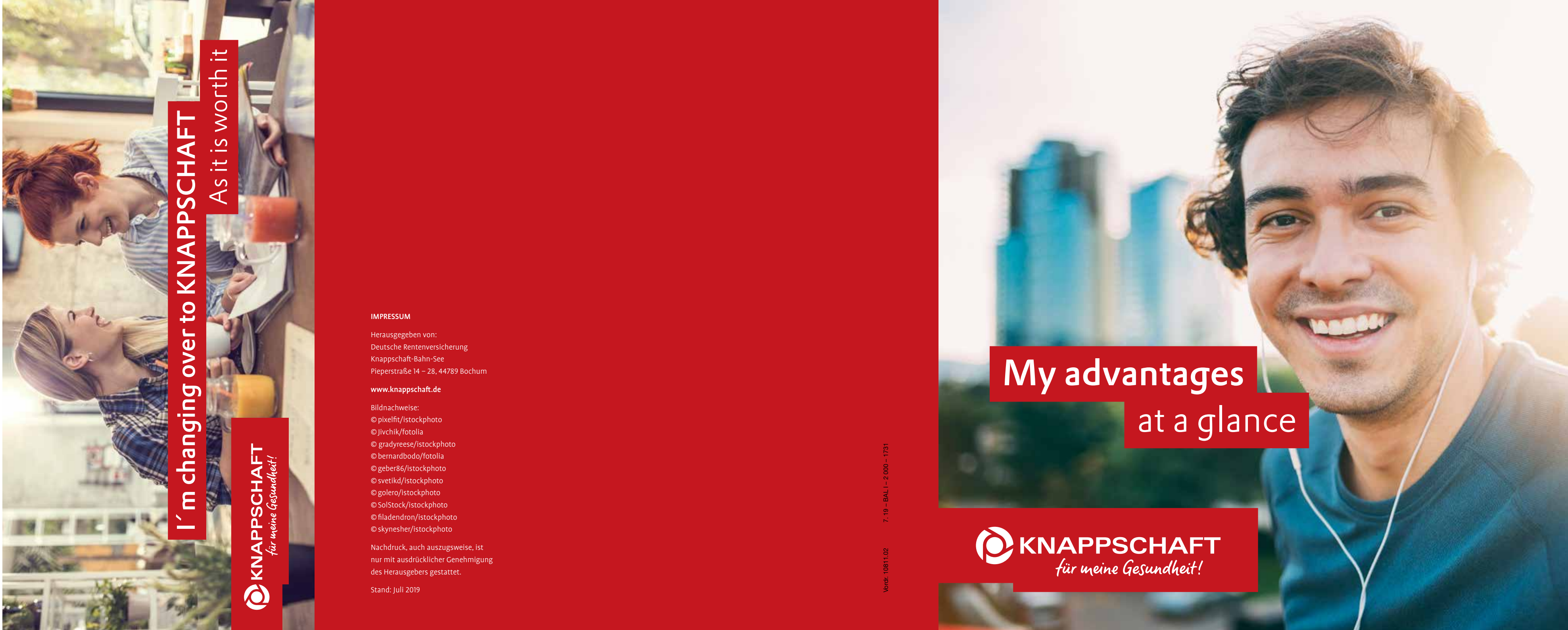




My advantages
at a glance

Vordr. 10811.02 7.19 – BALJ – 2.000 – 1731



KNAPPSCHAFT
für meine Gesundheit!

I'm changing over to KNAPPSCHAFT

As it is worth it

KNAPPSCHAFT
will pay postage
on your behalf

It's that simple

Fill up the application and post it

Further information:

Telephone: 0800 7245 900 (toll free)

Fax: 0800 7245 901

Internet: <http://www.knappschaft.de>

Email: mailto:kundenservice-info@knappschaft.de



Scan this and immediately
see our advantages
<http://www.knappschaft.de/ichwechsel>

Deutsche Post
ANTWORT
KNAPPSCHAFT
Markt + Vertrieb
45095 Essen

Sender

Surname, name

Date of birth

Street, house number

Post code, city

Pl. frank
with
Euro 0,60

Please send this termination notice to your present
health insurance provider.

IMPRESSUM

Herausgegeben von:
Deutsche Rentenversicherung
Knappschaft-Bahn-See
Pieperstraße 14 – 28, 44789 Bochum

www.knappschaft.de

Bildnachweise:

© pixelfit/istockphoto
© Jivchik/fotolia
© gradyreese/istockphoto
© bernarbodo/fotolia
© geber86/istockphoto
© svetikd/istockphoto
© golero/istockphoto
© SolStock/istockphoto
© filadendron/istockphoto
© skynesher/istockphoto

Nachdruck, auch auszugsweise, ist
nur mit ausdrücklicher Genehmigung
des Herausgebers gestattet.

Stand: Juli 2019

Your highlights.

Get great rewards through our AktivBonus programs.



AktivBonus junior.
Care that is as easy as pie

Euro 500
for participation in children's and young adults' investigations.



AktivBonus.
I love sports

Euro 140
for working out in a fitness studio and for activities in a sporting club.



AktivBonus young family.
Happily insured

Euro 100
for medical check-ups during pregnancy.

Finally well insured

Want advantages?
It's very simple – as a member of KNAPPSCHAFT

You can become a member in just 3 steps:

- 1. Terminate your old health insurance provider**
Terminate your present health insurance provider in a quick and uncomplicated way. Use the attached Termination Form to do so.
- 2. Fill up an application**
Simply fill up the attached application, tear it off and send it to KNAPPSCHAFT. Otherwise, you can fill up our online-application at www.knappschaft.de/ichwechsel
- 3. We will take care of the rest**
Your health insurance provider is obliged to send you a confirmation of your termination after two weeks. You only need to submit this to KNAPPSCHAFT. So that your termination becomes legally binding, KNAPPSCHAFT will forward the membership certificate issued for you to the respective authority. If you have any queries, you can contact us toll-free at 0800 7245 900 from Monday to Friday between 8:00 to 19:00 hours or at www.knappschaft.de



Membership application

Yes, I want to be a member of KNAPPSCHAFT

Personal details

Mr. Mrs.

Surname

First Name

Address

Date of birth

Place of birth

Email address *

Health insurance number

Tel. no. *

Marital status *

Present health insurance provider

Present health insurance provider/Private health insurance company

I have:
 Obligatory insurance Family insurance
 Voluntary health insurance Private insurance

I would like to:
 insure my family members free of cost with KNAPPSCHAFT

Group of people

I am an employee from

Name and address of your employer
 self employed
 college student
 pensioner
 receiving unemployment pay I
 receiving unemployment pay II

Date

Signature

* Voluntary information (information regarding your contact data will be used for your insurance relationship and to inform you of the advantages and what's new at KNAPPSCHAFT.
 ** I hereby consent to KNAPPSCHAFT storing my personal data given above and to use it internally for the purpose mentioned above. This consent can be revoked at any time. My data will then be deleted. The data will not be forwarded – in the case that you do not consent, strike through this clause.

Termination

My present health insurance

Dear Ladies and Gentlemen,

I herewith terminate my health insurance to the earliest possible date. Please confirm my termination in writing at the earliest as well as the exact date of the end of my membership. I request you not to try to make me become a member of your health insurance company once again.

With best regards

Date, place

Signature

Authorisation

I hereby authorise my newly selected health insurance provider, KNAPPSCHAFT, Markt + Vertrieb, 45095 Essen, Fax no. 0800 7245 901 to receive my confirmation of termination. This power of attorney also covers all the activities that are connected to the transfer of the confirmation of my termination.

Date, place

Signature

Great services for my health

There are over 50 good reasons to choose KNAPPSCHAFT: Whatever you need to remain healthy or to become healthy once again. We do it. With KNAPPSCHAFT you are secured against all that life throws at you. Your health is our focus.

Bonus programs

✓ AktivBonus

Is always worth it

KNAPPSCHAFT rewards, amongst others, the participation in quality-assured offerings of fitness studios and physical activity in sports clubs, with Euro 70 per year each.

✓ AktivBonus young family

Bonus for happiness in the family

Continuous care during the pregnancy is rewarded. You and your family can expect Euro 100 after the birth of the child.

✓ AktivBonus junior

Bonus for children and young adults

In addition to the general AktivBonus program, KNAPPSCHAFT also pays up to Euro 500 on the 18th birthday if the child and young adult has continuously taken part in specific health care programs.

✓ Skin cancer screening

Free of cost

KNAPPSCHAFT goes beyond the statutory rules and offers skin cancer screening every two years, independent of your age.

✓ Acceptance of costs for (travel) immunisations

Even for private travel abroad

Whether it is against ticks or tropical illnesses, you are always well protected by KNAPPSCHAFT during your holidays and at home.

✓ Extended screening for newborns

Acceptance of costs

This screening detects genetic metabolic defects and hormonal faults at an early stage.



**Together
Living healthy**

✓ Birth houses

Acceptance of costs for the delivery
KNAPPSCHAFT also accepts the costs for the birth of your child in birth houses.

✓ Birth preparatory course

A subsidy of Euro 80 per course
Not only the pregnant person will receive the subsidy, but the father-to-be or the male or female partner of the mother shall do so, too.

Health courses

✓ Active days

Away from your place of residence, up to Euro 160
We pay you a subsidy for two health courses in the form of compact offers, which are conducted in a relaxed atmosphere.

✓ Health courses

Many thousands of health courses all over Germany
We pay you a subsidy of up to Euro 80 for quality-ensured courses, up to twice a year, if they are not free of cost already.

✓ Gymondo

Online and fit
You will receive a 30% discount at the completion of an annual subscription in

the Online Fitness Portal “Gymondo” – Fit through videos, nutrition tips and recipes. From 5 workouts onwards you can be sure to get an additional AktivBonus of Euro 70.

✓ Online nutrition course „Leichter abnehmen“

Full reimbursement of cost
We reimburse the entire cost for the interactive health training program “Leichter abnehmen”, one that is customised for you.

✓ Online course „NichtraucherHelden“

We pay for your course
Become a “no smoking hero” in just 10 days. This online-program helps you with motivational videos, practical exercises and information on the subject of smoking and, slowly and steadily, in giving up smoking.

✓ The online-coach „Ganzkörpertraining mit BodyChange“

Fit and healthy in 8 weeks
Increased mental and physical fitness – this is for a better quality of life for you. The training program is presented by Detlef Soost. The fees for the course are reimbursed by KNAPPSCHAFT.

✓ Online coach „Stressfrei“

Be the master of your daily life
Whether in the family, while working or as an apprentice, you will learn effective strategies to shake-off destructive stress through this interactive training program for your health. In addition, the subsidy from KNAPPSCHAFT will make you even more relaxed.

✓ App „Nichtraucher in fünf Stunden“

App-based Quit-smoking program
With this app, you can become a non-smoker by the use of your smartphone or tablet and, it does not matter, whether it uses IOS or Android.

✓ “ABJETZT/FIT” online course

Back exercises at home
Do you want an active and strong back? It is quite simple with ABJETZT/FIT. This online course is especially focussed on prevention of back disorders at the right time.

✓ Sports medicine investigation

Subsidy of up to Euro 120 every two years
We reimburse Euro 120 for consultation and preventive care – irrespective of your age.

General offerings

✔ Outpatient tonsillectomy

Stress-free outpatient operations
KNAPPSCHAFT offers its members this service as an outpatient treatment alternative.

✔ Acupuncture

Chic

Acupuncture reduces chronic suffering. KNAPPSCHAFT accepts the cost of up to 15 acupuncture sittings per year in the case of disorders of the knee and the lower back.

✔ “gutDabei” health program

The best possible care in the case of chronic diseases

You get the best possible medical treatment and continuous care.

✔ Smoothsurface sealants with fixed braces

Subsidy up to the age of 18

KNAPPSCHAFT pays children and young adults a one-time Euro 80.

✔ Grönemeyer – microtherapy

Diagnosis and therapy

You will receive diagnostic services and therapy as an outpatient for acute and chronic pain in the neck, chest and lower

back at the Grönemeyer Institut in Bochum and Berlin-Steglitz.

✔ Domestic help

Your household doesn't look after itself
In special cases, KNAPPSCHAFT takes care of the costs for domestic help.

✔ Homeopathy

Alternative medicine

Assumption of costs for over 1,400 doctors who have a degree in homeopathy.

✔ Artificial insemination

Increased subsidy

We subsidise the self-payment portion with an additional amount of up to Euro 500 per attempt.

✔ Natural medicine and osteopathy

As if by magic

KNAPPSCHAFT pays you Euro 150 per year for osteopathic treatments. From that, Euro 50 can be claimed towards remedies in the field of natural medicine. These include anthroposophical medical treatment, Ayurveda, Feldenkrais, Shiatsu and TCM.

✔ Rewards for member recruitment

Euro 25 for getting us a new customer
Recommend us to others – and ensure Euro 25 for yourself along with the chance to win attractive prizes.

✔ Psychotherapy and psychosomatics

Acceptance of costs

You will receive additional, specialist support through doctors, psychotherapists and other providers in selected regions.

✔ Rooming in

We don't leave you alone

In the case of medically necessary, inpatient hospital treatment for your child, KNAPPSCHAFT pays Euro 45 daily for one parent to remain with the child.

✔ Mild medicines for children

Subsidy of up to Euro 100

For children between 12 and 17 years.

✔ Eye test – amblyopia

For children between their 31st and 42nd month after birth

Poor eyesight in children, especially in one eye, is generally not noticed. If detected too late, it can result in amblyopia.

✔ Children's care – free of cost

Care plus three

At KNAPPSCHAFT, children get two additional examinations (U10/U11) and a health examination for young adults (J2).

✔ Treatment in recognised health resorts for chronically ill small children

Subsidy of Euro 25 per calendar day

Chronically ill small children, from 1 to 5 years, will receive a subsidy of Euro 25 per calendar day.

✔ Low-priced tooth replacement

In collaboration with “2te-Zahnarzt-Meinung” and “dentaltrade”

Save on price and do not compromise on quality in the health of your teeth. With the “2te-Zahnarzt-Meinung”, you can compare dental procedures free of cost.

✔ Sealing of teeth

Subsidy of up to Euro 90

KNAPPSCHAFT pays up to Euro 90 as subsidy per year up to the age of 14.

✔ Copayment free medicines

Exclusive for our customers

For customers of KNAPPSCHAFT, many medicines are free from co-payment by you.

✔ Freedom from co-payment

Lower the liability limit in advance

Must you make high co-payments? Then, you can pay to limit your liability in advance and you will immediately receive your release card.

Service

✔ Telephone no. for pharmaceuticals

Information regarding pharmaceuticals: 0800 100 7315

KNAPPSCHAFT supports you in queries regarding co-payment and prescription possibilities for medicines and also informs you about partners who provide rebates. (Free of cost from Mon. – Fri.: 8:00 – 20:00 hours)

✔ Electronic patient's receipts

Overview of the services provided

All the invoices of the insurance company's services at a glance.





Excellent networked

Always reachable for us

✓ Health networks “prosper” and “proGesund”

Best medical quality

prosper/proGesund is a unique supply model by the KNAPPSCHAFT. It is present all over Germany and is distinguished by the close cooperation between general practitioners, specialists, hospitals and associated rehabilitation clinics.

✓ Health telephone no.

Free of cost help:

0800 1405 5410 0090

KNAPPSCHAFT supports you through comprehensive information regarding illnesses of all kinds, diagnosis and therapy procedures as well as info regarding doctors and hospitals. (Free of cost from Mon. – Fri.: 8:00 – 20:00 hours)

✓ Meine KNAPPSCHAFT

I register

With “Meine KNAPPSCHAFT”, you have the opportunity, 24 hours a day and 7 days a week, to do your personal jobs comfortably from home and to use our exclusive services, e.g. the electronic patient’s receipts.

✓ Service locations near you

Germany-wide network

We are near you. Over 50 service centres all over Germany.

✓ Free of cost service telephone call

0800 7245 900

Our experts will support you with all your queries regarding health and nursing insurance. (Free of cost from Mon. – Fri.: 8:00 – 19:00 hours)

✓ Appointments with a specialist

Support in getting an appointment:

0800 1650 050

KNAPPSCHAFT supports you in finding a specialist very close to where you are, to make an appointment or to bring your appointment forward. (Free of cost from Mon. – Fri.: 8:00 – 20:00 hours)

Private treatment

✓ Private additional insurance for sickness

Collaboration with Gothaer AG

So that you are comprehensively secured all around, KNAPPSCHAFT collaborates with Gothaer Krankenversicherung AG.

✓ Personal additional insurance for nursing care

Collaboration with DFV AG

With this personal additional insurance you can insure yourself for the provision of nursing care.



Euro 200 plus during treatment

This special subsidy from KNAPPSCHAFT for treatment for pregnant women goes much further than the statutory benefits. Decide for yourself, which additional measures we should support you in.

Use our app “Lebensstark ernährt”

Still pregnant or a young family already? You are certainly very happy and still, you have many questions regarding the right kind of nutrition.

We support you through our latest app.

✓ Private death benefits

Collaboration with DIREKTE LEBEN Versicherung AG

Securing yourself in the case of death is also important. Get information on this directly at DIREKTE LEBEN Versicherung AG!

Optional contributions

✓ Optional contributions for interns

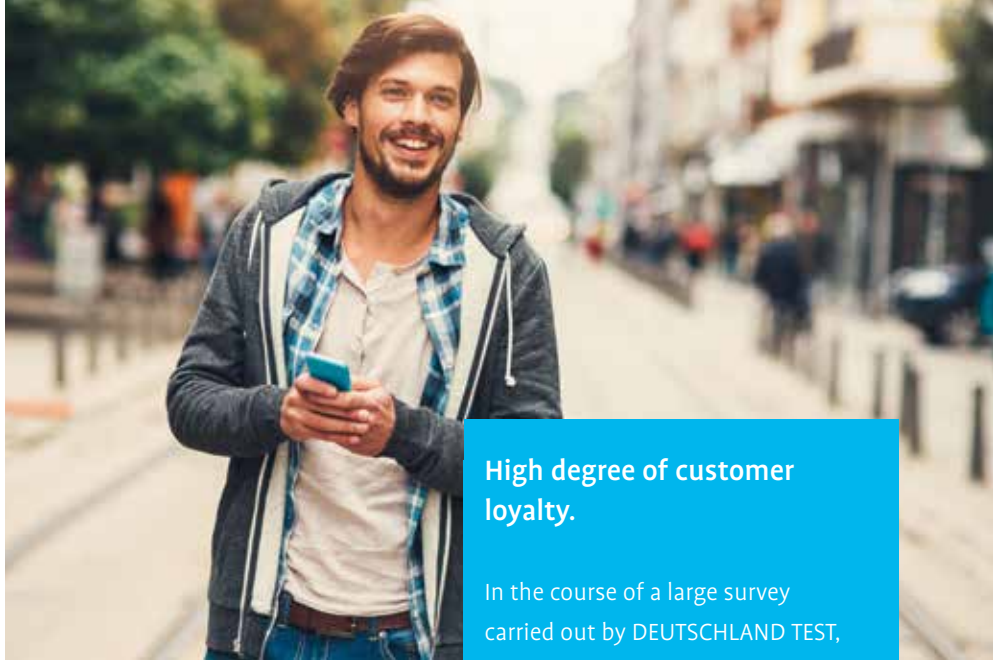
Cash reward of up to Euro 120 per year

In this contributory scheme, you accept part of the costs for your illness yourself. If you remain healthy and do not make use of any services that impact your contributions, you will receive a cash reward.

✓ Optional contribution for reimbursements

Tariff for “Doctor” or “Dentist”

Through only a few more Euro per month, you can enjoy treatment by a doctor or dentist as a private patient does, without a health check and without risk premium in the case of pre-existing illnesses.



High degree of customer loyalty.

In the course of a large survey carried out by DEUTSCHLAND TEST, FOCUS-MONEY and Service-Value GmbH, more than 1,800 providers were on the test bench.

In the group of the national health insurance providers, KNAPPSCHAFT was able to achieve the rating of “High degree of customer loyalty” during this survey. A total of only 10 insurance providers were awarded in this category.

✓ Optional contribution for sickness allowance

For the self-employed

You decide yourself, what daily allowance you will claim as benefit from us in the case of an illness. Your monthly contributions will depend upon that.

✓ Optional contribution for contribution payment

In the case of no-claims

Remaining healthy will be rewarded by up to Euro 300 per year from the third no-claim year onwards.

✓ Optional contribution for own-risk deductions

You determine your contribution yourself

One who opts for this tariff, accepts a part of the costs for one’s sickness on ones own and can receive a reward in the following year.